

Child and Babysitting Safety (CABS)



The Child and Babysitting Safety (CABS) training program is intended for those who are planning to provide babysitting services for young children & infants. The program includes instruction on the business of babysitting, proper supervision, basic caregiving skills, and guidelines on how to recognize and handle problems that may occur. The goal of this training is to help students develop the knowledge, skills, and confidence to effectively supervise and manage children in their care.

Course Topics:

- Introduction/Babysitting as a Business
- Emergency Medical Services (EMS)
- Safety Walk-through
- Answering the Phone
- Conflict Resolution
- Respectful Disagreements with Parents
- Play Time
- Feeding an Infant
- Handwashing
- Diapering
- Removing Disposable Gloves
- Assessing for Illness and Injury/When to Call for EMS
- Control of Bleeding
- Choking
- Head, Neck, or Back Injury
- CPR
- Question and Answer Session
- Skills and Knowledge Testing

Course Materials:

- CABS Certification Card
- CABS Manual for each student
- ATEM Child/Pediatric CPR/First Aid Certification Card
- ATEM Manual for each student

Class Length: 5 Hours

2 Year Certification